



Aug - Dec 2024
in-person workshops SOI

SANGAMON COUNTY

Movement for Adult Bodies

Tuesday, August 6 | 10:00 - 11:30 am | Crowne Plaza, 3000 S Dirksen Pkwy,
Springfield, IL 62703 – [Register now.](#)

Movement and dance are great ways to center the body and work on balance, strength, flexibility, and agility. It doesn't take a "dancer's body" to learn these stretches, poses and moves. Anyone can learn these basics and use them in everyday life. Join us for this slow-paced, relaxed, beginning movement class to uplifting music.

What You'll Need:

1. Wear comfortable clothes and shoes that allow easy movement

10:00 Refreshments and social time

10:30 -11:30 Movement Workshop

Facilitated by SilverKite® teaching artists.

LAKE/COOK COUNTY

Movement for Adult Bodies

Friday, August 9 | 10:00 - 11:30 am | Buffalo Grove Park District, Alcott Center, 530
Bernard Drive, Buffalo Grove, IL 60089 – [Register now.](#)

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COOK COUNTY

Watercolor and Ink

Wednesday, August 14 | 10:00 - 11:30 am | Oak View Community Center, 4625 W 110th Street, Oak Lawn, IL 60453 – [Register now.](#)

In this hands-on arts workshop, create a unique work of art using watercolors and simple meditative drawing techniques. You'll explore color, patterns, and composition in this relaxing and creative beginning visual arts workshop.

10:00 Refreshments and social time
10:30 - 11:30 Art Workshop

Facilitated by SilverKite® teaching artists. All materials provided.

COOK COUNTY

Seasonal Mixed Media Collage

Thursday, September 12 | 10:00 - 11:30 am | Lightford Recreation Center, Maywood Park District, 809 W Madison Ave, Maywood, IL. 60153 – [Register now.](#)

In this workshop, we'll learn about and explore different collage techniques. Using these skills, we'll celebrate the season by combining a variety of materials to create visually interesting compositions.

10:00 Coffee and Refreshments
10:30 - 11:30 Art Workshop

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COOK COUNTY

Writing Memoir

Wednesday, September 25 | 10:00 - 11:30 am | Oakton Community Center, 4701 Oakton Street, Skokie, IL 60076 – [Register now.](#)

Please note that this will be held at the Community **Center** (not the community college).

Through discussion and creative exercises, we'll recall specific themes or time periods in our lives that hold significance for us. Reflecting on these personal experiences, we'll craft memories into short pieces of memoir.

10:00 Coffee and Refreshments

10:30 - 11:30 Writing Workshop

Facilitated by SilverKite® teaching artists. All materials provided.

COOK COUNTY

Watercolor and Ink

Tuesday, October 8 | 10:00 - 11:30 am | Village of Palos Park, Recreation Center 8901 W 123rd St, Palos Park, IL 60464 – [Register now.](#)

In this hands-on arts workshop, create a unique work of art using watercolors and simple meditative drawing techniques. You'll explore color, patterns, and composition in this relaxing and creative beginning visual arts workshop.

10:00 Coffee and Refreshments

10:30 - 11:30 Art Workshop

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COOK COUNTY

Movement for Adult Bodies

Thursday, October 24 | 10:00 - 11:30 am | Triphahn Center, Hoffman Estates Park District, Community Room (114)

1685 West Higgins Road, Hoffman Estates, IL 60169 – [Register now.](#)

Note: Please enter through the main entrance to find Community Room 114

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10:30 – 11:30 Movement Workshop

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SANGAMON COUNTY

Writing Memoir

Tuesday, November 5 | 10:00 - 11:30 am | Crowne Plaza Sangamon County
3000 Dirksen Pkwy, Springfield, IL 62703 – [Register now.](#)

Through discussion and creative exercises, we'll recall specific themes or time periods in our lives that hold significance for us. Reflecting on these personal experiences, we'll craft memories into short pieces of memoir.

10:00 Coffee and Refreshments
10:30 - 11:30 Writing Workshop

Facilitated by SilverKite® teaching artists. All materials provided.

COOK COUNTY

Writing Memoir

Thursday, November 7 | 10:00 - 11:30 am | Howard Mohr Community Center
7640 Jackson Boulevard, Forest Park, IL 60130 – [Register now.](#)

Through discussion and creative exercises, we'll recall specific themes or time periods in our lives that hold significance for us. Reflecting on these personal experiences, we'll craft memories into short pieces of memoir.

10:00 Coffee and Refreshments
10:30 - 11:30 Writing Workshop

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COOK COUNTY

Seasonal Mixed Media Collage

Wednesday, November 13 | 10:00 - 11:30 am | Village of South Holland, Community Center | 501 East 170th Street South Holland, IL 60473 – [Register now.](#)

In this workshop, we'll learn about and explore different collage techniques. Using these skills, we'll celebrate the season by combining a variety of materials to create visually interesting compositions.

10:00 Coffee and Refreshments
10:30 - 11:30 Art Workshop

Facilitated by SilverKite® teaching artists. All materials provided.

DuPAGE COUNTY

Movement for Adult Bodies

Tuesday, December 3 | 10:00 - 11:30 am | Oak Brook Park District, Family Recreation Center | 1450 Forest Gate Road, Oak Brook, IL 60523 – [Register now.](#)

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What You'll Need:

- Wear comfortable clothes and shoes that allow easy movement

10:00 Coffee and Refreshments
10:30 - 11:30 Movement Workshop

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COOK/DuPAGE COUNTY

Watercolor and Ink

Wednesday, December 11 | 10:00 - 11:30 am | Community Recreation Center,
505 N Springinsguth Road, Schaumburg, IL 60194 - [Register now.](#)

In this hands-on arts workshop, create a unique work of art using watercolors and simple meditative drawing techniques. You'll explore color, patterns, and composition in this relaxing and creative beginning visual arts workshop.

10:00 Coffee and Refreshments

10:30 - 11:30 Art Workshop

Facilitated by SilverKite® teaching artists. All materials provided.